



HOME CHALLENGE SAMPLES

SAMPLE 1

MORNING ROUTINE	
When	Then
<p>When You Finish these Tasks by 8:30am</p> <ul style="list-style-type: none"> • Get Up • Get Dressed • Have Breakfast • Brush Your Teeth • Comb Your Hair 	<p>Then You Can Pick One of These Choices:</p> <ul style="list-style-type: none"> • Watch cartoons • Get a special hair-style • Play on dad's phone • Play your video game • Pick a special lunch treat
HOMESCHOOLING ROUTINE	
When	Then
<p>When You Complete these Schoolwork Tasks:</p> <ul style="list-style-type: none"> • Start my schoolwork with 1 or fewer reminders. • Try each question or problem on my own before asking for help. • Keep working until it's time for a break. • Restart my schoolwork right away when my break is over. • Keep working until my schoolwork is done. 	<p>Then You Can Pick One of These Choices:</p> <ul style="list-style-type: none"> • 15 minutes of iPad time • 15 minutes later bedtime • An extra bedtime story <div style="border: 1px solid black; padding: 5px; margin-top: 10px;"> <p>You can start with one time period on the Home Challenge and then as your child has practice and success with that period (such as Morning Routine), you can add another (such as homework)!</p> </div>



SAMPLE 2:

GOAL	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Routine:					
Gets out of bed with 2 or fewer reminders	0 1	0 1	0 1	0 1	0 1
Brush hair and teeth with 1 or fewer reminders	0 1	0 1	0 1	0 1	0 1
Homeschooling Routine:					
Starts schoolwork by 9:30am with 2 or fewer reminders	0 1	0 1	0 1	0 1	0 1
Completes one subject of schoolwork with 2 or fewer reminders	0 1	0 1	0 1	0 1	0 1
All Day Goals:					
Shows good sportsmanship (sharing and taking turns) with 1 or fewer reminders	0 1	0 1	0 1	0 1	0 1
Uses kind words with your brother with 2 or fewer reminders	0 1	0 1	0 1	0 1	0 1
TOTAL POINTS	_____	_____	_____	_____	_____
WEEKLY TOTAL	_____				

REWARD MENU	
Daily Point Goal = 4 points Weekly Point Goal = 24 points	
DAILY REWARD	WEEKLY REWRD
<ul style="list-style-type: none"> • 15 minutes of videogames • Sticker grab bag • Extra bedtime story 	<ul style="list-style-type: none"> • Pack of sugar-free gum • Download 1 song • Have the dog sleep in your room